

Who We Are

Since 1975, the Seniors Assistance Center (SAC) has provided for the needs of older adults and those with disabilities within the communities of Norridge, Harwood Heights and unincorporated Norwood Park Township.

In 2021, SAC:

- Delivered 34,627 meals to the homes of 162 local community seniors and people with disabilities.
- Processed 421 utility bill assistance applications.
- Provided 2,804 socialization and well-being checks either in-person or over the telephone.

Support our local community seniors. Please donate at: WWW.SAC-IL.ORG

How can you help?

The COVID-19 pandemic has severely affected funding for SAC and its essential programs. Your generous donation is desperately needed to keep SAC operating!

A donation of just \$5 provides a hot, nutritious meal delivered to the home of a senior or person with a disability in our local community.



