



## Harwood Heights 75 year celebration continues...

### Car Show - September 25th Time: 8:00 am - 1:30 pm

Located in the lot of Choice Furniture, Portillo's and Raising Cane's. Come see an assortment of vintage models.

### Craft Fair - October 1 - 2 Time: 10:00 am-4:00 pm

The 3rd annual Craft Fair will be at the Village Recreation Center. Admission is \$1.00 that includes a raffle ticket. Food and beverages are available for purchase.

### Movie in the Village November 20th at 2:00 pm

Our celebration ends with a classic family movie Miracle on 34th Street in our Recreation Center.

**75th Anniversary t-shirts** are available for sale at the Village Hall for \$10.

### Tree Planting - Sept 20

Those who have ordered trees, they will be delivered and distributed Sept 19 and planting will begin Sept 20th.

### Senior Assistance Center

**Health Fair Sept 22** from 9am -Noon at the Sieb Center 7774 W. Irving Park Rd. Free health screenings.

A **Fall Festival** from the SAC will be held in our Recreation Center on Sunday, Oct 16 from 1:00 - 3:00. Tickets are \$35 and include European Food, Drinks, Music & Bingo!

## Safety Concerns - For Your Safety

*Don't be a hero - leave it up to the Police*

With the threat of theft around our community, we want to inform you of some safety measures you can take:

- ◆ Report any suspicious activity/people to Police. Our Police Department will respond to all calls.
- ◆ Catalytic Converter Theft - Never engage a catalytic converter thief. Value your life over all property. Do not put yourself at risk, Call Police (911).
- ◆ General Safety - Be aware of your surroundings at all times when walking or driving. We can all limit crimes of opportunity by being extra vigilant.
- ◆ Don't be distracted by your phones. Criminals will see this and take advantage of it.

*(More Safety tips on reverse side)*

## Post Office Issues

Mail service has been awful. Late deliveries. No deliveries for days or weeks and now...white washing of checks that you mailed when paying bills. We want to make everyone aware of this scam, giving you suggestions how to help avoid this new wave of mail fraud. White-washing is when mail is stolen from the mailbox and your check is altered (white washed) and money is taken from your bank account. Here are some safety tips:

- ◆ Make a police report as soon as you discover your check amount and payee was improperly changed and cashed.
- ◆ Mail bills and letters directly inside the post office facility.
- ◆ Put mail in mailboxes just before pick-up. Don't put mail into mailboxes after the posted pick-up time. Avoid leaving mail in the boxes overnight.
- ◆ Pay bills on-line or through your bank with auto-pay.
- ◆ When writing a check that you put in the mail, use a Uni-Ball 207 gel pen. It may help to defray white-washing.
- ◆ Do not confront anyone suspicious you might see at the mailbox, be safe and call the Police.

Here is some contact information to report Mail Fraud/Theft, report white-washing of checks, suspicious mail, phone scams or any law enforcement matter:

<https://www.uspis.gov/report> OR CALL 1-877-876-2455

To report **other mail issues** such as late deliveries, call USPS Customer Service at 1-800-275-8777

## Help Reduce Rodents!

Keep Garbage Lids closed at all times!

Keep garbage inside cans with lids closed.

Avoid feeding wildlife by leaving food on the ground.

Clean up after pets.

Keep shrubbery trimmed and off the ground.

Homes along alleyways should keep growth trimmed to avoid encroachment onto public right of way and avoid rodent haven.

### **Pet Etiquette**

When walking your pets, keep them on a leash and don't forget to be a good neighbor and clean up after them.

## **Fitness Classes:**

### **Stretch, & Flex Morning Exercise**

Every Wednesday 10:30 am-11:00 am

Cost is \$5 per class

(This seated or standing workout will focus on stretching, low-impact cardio, and increased flexibility for a well-rounded and enjoyable workout)

### **Zumba**

Every Thursday 6:00 pm - 6:45 pm

Cost is \$5 per class

### **Dancercise**

Every Saturday 10:00 am-10:45 am

Cost is \$5 per class

### **Recreation Room Rentals**

If you are interested in renting one of our rooms for your next party, contact Mike Grono at 708-667-7070

### **Recreation Center Operation:**

Mon-Fri: 9:00 am - 1:00 pm;  
and 3:00 pm - 7:00 pm

Saturday 9:00 am - Noon

Closed Sunday & Holidays

Phone: 708-667-7092

Email: recdesk@harwoodheights.org

## **Safety Concerns - For Your Safety**

◆ Home/Vehicle Safety - Keep doors locked at all times. Security systems are a great deterrent to crime.

◆ Don't open doors for strangers or unscheduled utility workers. Call the police to identify who is at your door.

◆ Keep homes well-lit inside and out. Park in well-lit areas.

◆ Addresses should be put on garages or structures off alleys so Police and Emergency Vehicles could identify your property when called.

**Coming soon - more Safety Seminars this November!  
Seminars will be planned for both day and evening sessions.**

**New Sports  
& Times**

## **Youth Commission Programs**

**Registration - Saturday, Sept 17th 9:00a-Noon**

**Arts & Crafts** Thursday 6:00p - 7:00p

Recreation Center - Grades K-3

September 29, October 6, 13, 20, 27 November 3, 10, 17

**Basketball - Beginners** Monday 6:00p - 6:45p

Recreation Center - Grades K-2

October 17, 24 November 7, 14, 21, 28 December 5, 12

**Basketball - Intermediate** Mon & Wed (Alternating)

Union Ridge - Grades 3-5

6:15p - 8:15p

October 12, 19, 26 November 2, 9, 16, 23 December 7

**Chess** Thursday 6:00p - 8:00p

Recreation Center - Heights Room - Grades 3-8

September 29, October 6, 13, 20, 27 November 3, 10, 17

**Floor Hockey - Beginner** Tuesdays 6:00p-7:00p

Recreation Center - Gym - Grades K-2

October 4, 11, 18, 25 November 1, 8, 15, 22

**Floor Hockey - Intermediate** Tuesdays 7:00p-8:00p

Recreation Center - Gym - Grades 3-5

October 4, 11, 18, 25 November 1, 8, 15, 22

**Soccer - Beginner & Intermediate** Saturdays 1:00p-3:00p

Union Ridge - Ages 5-12

September 24, October 8, 15, 29 November 5, 12

### **Holidays:**

The Village is closed for  
Columbus Day on  
Monday, October 10th

**Halloween is Monday, Oct. 31**

**Trick or Treat Hours  
are until 8:00 pm**

**Motorists - Please drive carefully  
and watch for children !**

### **Youth Commission**

#### **Halloween Party**

**Saturday, October 22 1-3pm**

**Registration is required**

**Halloween Decorating Contest**

**Sunday, October 30th**

**Have your lights on by 7:00 pm**